

Powering On



Activate the Cardiac-Care Monitor by briefly pressing the ON button on the back until you feel a vibration/beep and see the  LED triangle icon flash. If the battery status light flashes red, charge the device before use.

Charging: Connect the charging base to the power supply and place the Cardiac-Care Monitor on the base. Wait for the battery status light to change from solid red to solid green, indicating it's fully charged. Charge the device for 45 minutes daily; a full recharge may take up to 3 hours.

Preparing Your Skin

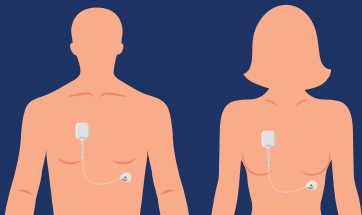


- Trim any chest hair as necessary.
- Clean skin with warm soapy water, allow to dry.
- Avoid using lotions or creams before applying the adhesive electrodes.

Electrode Attachment



Attach one adhesive electrode to the back of the monitor and another to the red connector.



Applying Electrodes: Remove the protective backing from the adhesive electrodes and place them on your chest as illustrated. If you have sensitive skin, alternate the position of electrodes within inch radius of location shown above.

Monitor Functionality



Check the monitor's status using the colored LED icons on the front:

Monitoring: 

A blinking green light every 10 seconds indicates proper functioning. The green light turns solid when recording a patient-activated event for 30 seconds.

Battery Charged: 

When the monitor is on the charging base and connected to a power supply, battery status light shows solid green (fully charged)

Battery Low: 

A flashing red light indicates a low battery. When placed on the charging base, the light will remain red while charging.

Lead Connection: 

A flashing light every 5 seconds indicates the monitor is on but not connected. If it flashes during use, check that the electrodes are securely attached to the monitor and the red connector.

Can I travel wearing my device?



When away for several days:

- Take the charging base and USB power supply to recharge the device.
- Remember to bring extra adhesive electrodes.

While traveling by air:

- The monitor may trigger airport detectors but won't be damaged. Please notify airport security before entering the detector.
- You can leave the device on and monitoring during air travel.

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Recording Symptoms



Tap the device twice if you experience symptoms while wearing the monitor. It will vibrate/beep in response. The green monitoring light will stay solid for 30 seconds, indicating that the event is being recorded. This will create a unique marker for your physician to review in the data. Always wear your monitoring device to ensure prompt access to important heart information unless otherwise instructed by your Physician.

During Monitoring



- Change adhesive electrodes daily; they should never be reused.
- The Cardiac-Care Monitor is water-resistant to splashes but should not be worn while bathing, showering, or swimming.
- Contact Cardiac-Care Monitoring Center with any questions or concerns at any time.



WEARABLE MONITOR



ADHESIVE ELECTRODES



CHARGING BASE



USB POWER SUPPLY

Final Steps



Unless directed otherwise by your physician, promptly return the monitor and accessories (charging base, USB power supply, and any unopened packages of electrodes) to avoid extra charges.